

National Association for Self-Esteem...

The purpose of the National Association for Self-Esteem is to promote and fully integrate self-esteem into the fabric of American society so that personal worth, responsibility, and integrity become paramount and commonplace in families, schools, the government, and the workplace.

What is Self-Esteem?...

The National Association for Self-Esteem defines self-esteem as the experience of being capable of meeting life's challenges and of being worthy of happiness.

Who we are...

The Santa Barbara Council for Self-Esteem is a non-profit organization founded in 1989. Our purpose is to inspire and motivate ourselves and others to create the changes we want in our lives.

Our Core Group...

Willa Young-President
Bob Hodges-Press Representative
Dennis Forster-Treasurer
Victoria Dillon-Historian
Judi Shor-Press Representative
Betty Hatch-Founder

How to contact us...

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Santa Barbara Council for Self-Esteem
PO Box 92058
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2012

Speakers' Schedule

Friday, January 20th

Peter MacDougall
President Emeritus SBCC

Friday, April 20th

Helene Schneider
Santa Barbara Mayor

Friday, June 8th

Eloy Ortega
President, Bank of Santa Barbara

Friday, October 5th

Janet Garufis
Pres./CEO, Montecito Bsnk & Trust

The Schott Center
310 West Padre Street
Tannahill Auditorium
Noon: 12:00 to 1:30 P.M.

Former speakers...

2011 Roger Durling - Exec. Dir. of the Santa Barbara International **Film Festival**
Rona Barrett - Former Syndicated Columnist, Entrepreneur, Founder of the Rona Barrett Foundation

2010 Selden Edwards - Author, *The Little Book*, NY Times Best Seller
Cynthia Inda - L.A. Attorney, SBCC/Harvard Law School Graduate
Peter Brill - Psychiatrist, CEO Third Age Foundation
Betty Hatch - Founder SBCSE, Pres. Self-Esteem Learning Foundation, La Belle Model and Talent Agency

2009 Das Williams - Santa Barbara City Councilman
Marilyn Gilbert - Co-Founder Santa Barbara Opera, Attorney
Chuck Slosser - Pres. Emeritus, Santa Barbara Foundation
Beverlye Hyman Fead - Painter, Author, Cancer Activist

2008 Larry Crandell - "Mr. Santa Barbara", Volunteer
Mollie Ahlstrand - Owner Trattoria Mollie
Sarah Miller McCune - Publisher, Founder, Chair of Sage Publications
Salud Carbajal - Santa Barbara County Supervisor

2007 Starshine Rochell - Former Columnist Santa Barbara News-Press
Roger Durling - Exec. Dir. of the Santa Barbara International **Film Festival**
David Richo - Psychotherapist, Teacher, Author
Julia Loggins - Ex-Wife of Kenny Loggins, Colon Hydrotherapist

2006 Marty Blum - Mayor, City of Santa Barbara
Anne Smith Towbes - Community Leader and Philanthropist
David Allen - Productivity Coach, Educator and Author

W Mitchell - Author, *It's Not What Happens To You, It's What You Do About it*

2005 Thomas Tighe - CEO, Direct Relief International, Former COO, Peace Corps
Joyce Dudley - Santa Barbara County Senior Deputy District Attorney
Paul Vercammen - News Director, 5 PM Anchor for KEYT
Willa Young - President, Santa Barbara Council for Self Esteem

2004 Steve Stewart - KEYT-TV Meteorologist
Marianne Partridge - Editor-in-Chief Santa Barbara Independent
Cam Sanchez - City of Santa Barbara Police Chief
Dr. Susan Love - Author, Pres. of the Dr. Susan Love Research Foundation

2003 Jeff Arch - Screen Writer, *Sleepless in Seattle*
Debby Davison - Anchor, KEYT-TV
John Romo - President Santa Barbara City College
Gisele Ben-Dor - Music Director, Santa Barbara Symphony

2002 W Mitchell - Author, Motivational Speaker
Paul Orfalea - Kinko's Founder, Philanthropist
Rona Barrett - Former Syndicated Columnist, Entrepreneur, Founder of the Rona Barrett Foundation
Sojourner Kincaid Rolle - Community Activist, Mediator, Poet, Lawyer

2001 Clay Nelson - Motivational Speaker
Denise de Bellefeuille - Superior Court Judge, Santa Barbara County
Shirley Kennedy - Community Activist, UCSB **Professor, Department** of Black Studies
Bob Bryant - Community Philanthropist, Businessman, Founder of *Summit for Danny*

2000 Barbara Marx Hubbard - Visionary, Founder of the Foundation for Conscious Evolution
Bill Cirone - Santa Barbara County Superintendent of Schools
Judy Weisbart - Women's Economic Ventures

1999 Sally Franz - Author, Motivational Speaker
Gil Garcia - Santa Barbara City Councilman, Architect
Paula Lopez - KEYT **News Anchor**
Noah ben Shea - Author, Radio, TV Personality

1998 Fess Parker - Actor, Developer, Winemaker
Nathaniel Branden - Author, "Father" of the Self-Esteem Movement
Jack Canfield - Author, Trainer, Pioneer in the Self-Esteem Movement

1997 Brooks Firestone - California Assemblyman, Winemaker
Harriet Miller - Mayor of the City of Santa Barbara
Mark Victor Hansen - Author, Speaker

1996 King Harris - KEYT-TV News Anchor
Cherie Carter-Scott - Author, Trainer
Pamala Oslie - Psychic, Author of *Life Colors*, Workshop Leader
Johnathon Robinson - Psychotherapist
Jeanne Graffy - Supervisor, Santa Barbara County

Our thanks to you...

We appreciate the loyal support of our community since 1989 and the sponsorship of SBCC since 2002